



University of Pretoria Yearbook 2022

Motor learning and development I 120 (EXE 120)

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| Qualification | Undergraduate |
| Faculty | Faculty of Health Sciences |
| Module credits | 12.00 |
| NQF Level | 05 |
| Programmes | BSportSci |
| Contact time | 3 lectures per week |
| Language of tuition | Module is presented in English |
| Department | Biokinetics and Sports Science |
| Period of presentation | Semester 2 |

Module content

*Closed – requires departmental selection

The module focuses on a study, critique and analysis of the development of movement skills in humans from infancy to older adulthood, and on an examination of the way different motor, cognitive and social abilities affect how, when and why an individual learns motor skills. Students will gain a basic understanding of the fundamental concepts related to motor learning and motor development, and will be provided with a solid background regarding the fundamental motor skills developed during childhood and adolescence.

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